

March 24, 2002

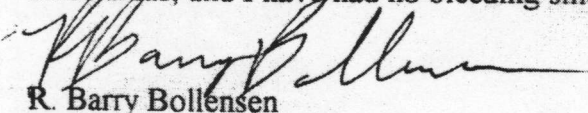
Re: Margo Sickerka

To Whom It May Concern:

I have been going to Margo Sickerka, Certified Massage Therapist, for over six months. During that time I have been very impressed with her ability to relieve my long term back pain and greatly reduce stress.

In addition, I came to her on two occasions for help with other problems. Several months ago I was scheduled for cardio-conversion for a heart arrhythmia. I was badly stressed and my heart rate was greatly elevated. After a massage treatment the stress was relieved and my heart rate significantly reduced. The cardio-conversion was successful on the first try. A previous episode of arrhythmia resulted in 5 attempts at cardio-conversion, which were unsuccessful before the 6th succeeded.

A few weeks ago I had a series of severe nosebleeds, which resulted in three nights in the emergency room. I was still bleeding at a reduced rate but I felt that I would have another that day. I called Margo for a short appointment and she massaged my neck and sinus areas, and I have had no bleeding since.


R. Barry Bollensen
Springfield, Illinois



Subscribed and sworn before me this
12th day of August, 2002.

