

Hashimoto's Thyroiditis

I suffer from Hashimoto's Thyroiditis, which is an autoimmune disease in which the body's own immune cells attack and destroy the thyroid gland. A synthetic thyroid hormone must be taken forever thereafter. One of many side effects is a slowed metabolism and weight gain. I started gaining about 5 pounds a year and reached an all-time high about a year ago.

Margo started doing the Angel Recovery Massages on me early in 2012, and amazingly I lost 20 pounds in just two weeks! Now there were other things going on in my life that may have contributed to that significant a loss in such a short time, but my appetite has definitely decreased, I eat smaller portions, and I have lost another 10 pounds. Margo believes that the speed of my weight loss may be related to the Hashimoto's and would love other people with Hashimoto's to try her program to look for similar results.

Susan Ashley