

Margo's note:

Dave had a hunch I would be able to help him, and on that hunch I flew to San Francisco on a Monday, and returned on a Thursday morning. Whenever I had energy Dave would go on the table, which never came down; I worked on him at full intensity, which is extremely rare - Normally I would have done the work over a six to seven week period and it would have been less painful; but we did not have that luxury. Please note all of the changes were done working with muscles and stretches; some of them are phenomenal and may lead one to other conclusions. Still, he details so much that can be done for others, that it would be a shame not to share.

Observations by Dave Bohall, December, 2012

Hi Margo

I'm so sorry for not writing you earlier. I've had a very busy schedule, and the Christmas Season was upon us.

I want to thank you so much, for the bodywork done in San Francisco the first week of December.

As you know, I had an accident in November 2008. I fell and was instantly paralyzed from the neck down. I was in ICU for two weeks and inpatient rehab for another four weeks. After leaving the hospital I had very limited mobility and began walking approximately 2 weeks after leaving the hospital. Although I was able to move my arms, I had no dexterity in my fingers. It was a true challenge to perform remedial tasks such as dressing, brushing my teeth and eating.

During the last four years, I have had two operations. One was a fusion of the C3 and C4 vertebrae; the second was a laminectomy to L4, L5 and S1. Because of my limited mobility the lumbar area degenerated and it was necessary to have that operation. To assist with my rehab, I engaged in several different programs including chiropractic, acupuncture, physical therapy, massages and exercise programs. I take several medications regularly. These include Baclofen, and the Neurontin and Norco. I also take naproxen on an infrequent basis to assist with inflammation. I led a very active lifestyle and was in good health prior to the accident. I would rate my current condition as 50% improvement back to normal.

My improvement is mostly attributed to my strong willpower. I am disenchanted with the "so-called" professionals. With few exceptions, there is a lack of genuine concern to improve my conditions. I could go on listing all the disgusting individuals interested in a revenue stream versus my improvement; however I believe my well-being should continue to focus on the positive ways for me to improve.

Margo, I appreciate your heartfelt desire to assist me improve my strength and functionality. I am so elated with the corrections you made in my body. It's one thing to have a skill level like yours. When you couple that with an innate passion to heal others it goes way beyond kindness. Again, thanks for the love.

I wanted to document some of the corrections you made to my body. I'm doing this to validate your capabilities in analyzing and correcting issues over a three-day period versus the efforts of others over the past four years. These are some of the things you adjusted and corrected:

- My shoulder joint was pushed forward and out of alignment
- My stomach was shifted in the chest interfering with normal diaphragm operation
- My cranial to C1 joint was drastically misaligned
- My left hip joint was out of place causing short legs syndrome
- My right pinky finger protruded

- There was blockage in several areas of my lymphatic system
- There were adhesions in several joints in my arms and legs
- There was severe cramping in several muscles in my shoulders. For the first time in four years those muscles relaxed
- I gained the ability to distinguish sensations such as hot and cold below the shoulders - which had been absent since the fall.

I still have a long way to go in order to be at 100% improvement. It has now been one month since you did your work. I am continuing to improve. Perhaps the biggest area of improvement is in my arms and hands. My dexterity is increasing. I am actually starting to build muscle in my hands and my grip is much stronger.

I am also following your instructions to walk like a "HOTI" (heel out toes in)

Dave
Madera, California
Dave.Bohall@comcast.net