

This information was originally sent to a Meetup Group Leader who invited Margo to attend a local function in the Houston Area where she provided Chair Massage. Permission granted to use the letter in its entirety

Message from: [Christy](#), Member of [The Houston XXXXXXXXXXXXX X XXX Group](#)

Dear XXXXXXX:

... . I have so much going on right now.... thanks to you !! I wanted to be sure to share this information. I want to share it with EVERYONE because I am so excited !! Before you start reading, please know...I am NOT NOT NOT on a weight loss journey.... I am on a get healthier journey. I have always accepted myself and been happy with myself as a woman of substance. But here's what has been happening to me.

At the clothing exchange, I had a short session with Margo, the massage therapist. It was so amazingly beneficial to me, that I have now been to her three other times.

I know that not everyone is in the same head space at the same time, but I was very ready for some change due to some medical and physical challenges I was having. Amazingly, I have experienced measureable transformation each time I have an appointment with her... things that are lasting, not just brief changes.

After that first little few minutes at your house, I found myself leaving your house, heading to my favorite fast food (which I had planned since spotting it on the way in), getting ready to place my usual order "Large Malt, large onion rings" and heard myself say "small ice tea and medium onion rings" into the order box.... HUH? Was that me? Did I just order iced tea? I never order iced tea! Since that day I have had no desire for malts, and that was my last order of onion rings. Weird, because that has been my staple food from Sonic and Whataburger a couple times a week for months and months and months.

After my first appointment with her I was able to move my legs and knees totally and freely (which was NOT the case for the last 3 years). I have an SUV and had to turn around backwards to get myself into the vehicle. I did not realize what had happened until I walked out of her office, stepped into my vehicle like a normal person, and started crying as soon as I realized what happened. Again... Weird / wow... still working normally to this day.

After my next appointment with her.... I woke up the next morning to get dressed and discovered my bras were too big for me. I had gained a lot of weight in the past 8 months, and had bra extenders added on. Well.... I took out the extenders, and have not needed them since.... approx. a 2" drop in bra size overnight.

I know not every week is going to be filled with such dramatic changes, but my blood flow is better throughout my body, my medical issues are diminishing. I am cancelling a surgery I was supposed to have this spring. Able to do that because of the changes that are occurring in my body.

I want to thank you so much for having Margo at the meetup. I know I was blessed to find myself in her chair....and hope that she is able to help others with any issues that need addressed, she is really good at finding the issues and working through them... it's amazing, and I am beyond happy !!

Christy